

NCLEX MASTERY

NURSING INTERVENTIONS FOR CIRRHOSIS ARE DIRECTED AT NURSING DIAGNOSES SUCH AS:

- **Excess fluid volume**
 - R/T high venous portal pressure
 - Administer diuretics
 - R/T non-adherence to sodium restricted diet
 - Reinforce teaching
- **Ineffective breathing pattern**
 - R/T excess fluid volume
 - Administer diuretics
 - R/T hyperammonemia
 - Administer lactulose as scheduled
 - Administer oxygen as needed
 - R/T abdominal distention
 - Recommend a paracentesis to the healthcare provider
 - Have patient sit up to reduce pressure on lungs
- **Imbalanced nutrition: Less than body requirements**
 - R/T nausea from toxic metabolite accumulation
 - Antiemetic administration
 - R/T inability of liver to metabolize nutrients
 - Total parenteral nutrition or albumin infusions may be used
 - R/T early satiety from distended abdomen
 - Offer small, nutrient rich meals
- **Risk for confusion**
 - R/T hyperammonemia
 - Administer lactulose
 - R/T decreased cerebral perfusion
 - Ensure adequate cardiac output (monitor BP, etc.)
 - R/T vitamin B1 deficiency
 - Replace B vitamins with dextrose solution, if needed
- **Risk for injury**
 - R/T sepsis
 - monitor for and treat infection symptoms, especially a lactic acid greater than 2
 - notify healthcare provider IMMEDIATELY for rapidly changed mental status or oxygen levels
 - R/T hypotension
 - Hold beta blocker medications if necessary and ordered
 - R/T diuretic use with frequent urination
 - Place commode nearby
 - R/T confusion
 - Place patient in room near nurse's station
 - Administer lactulose as scheduled
 - R/T thrombocytopenia
 - Administer vitamin K or fresh frozen plasma (FFP) when needed
 - R/T anemia with decreased cardiac output
 - Cautiously administer blood products
 - May administer a thrombopoietin stimulating medication
 - Monitor for signs of bleeding or variceal rupture - act quickly
 - R/T peripheral neuropathy or edema
 - Administer diuretics
 - Administer gabapentin
 - Ensure non-skid footwear is in use
 - R/T ineffective medication metabolism
 - Reduce narcotic frequency
 - Use benzodiazepines cautiously